



Supporting Your Practice, Every Step of the Way

One of the questions I hear most often from our members is, “*Who should I contact when I need help?*” I want to make that answer simple because connecting you with the right person quickly means you get the support you need, when you need it.

Every member of the RMHN team shares the same goal: helping your practice succeed so you can focus on providing exceptional care to your patients. Whether you’re onboarding a new provider, navigating Medicare and Medicaid requirements, improving quality performance, or addressing reimbursement challenges, we’re here to provide the expertise and guidance you need.

When questions arise, we want you to know exactly who to call. Below are your primary RMHN contacts for each of our key member support services.

Credentialing & Provider Maintenance

Credentialing is the foundation of provider participation. Our team manages provider enrollment, credentialing, and recredentialing to help ensure your providers remain active and in network. We work to minimize delays, maintain compliance, and streamline the onboarding process for new providers.

Your Credentialing & Provider Maintenance Team Can Help With:

- Provider enrollment and credentialing
- Recredentialing requirements
- Adding or removing providers
- Maintaining provider and practice information (demographics, addresses, Tax ID/RIN, NPI, and other provider data)
- Credentialing status questions

Your Primary Contact

Jenelle Hampton

Credentialing & Provider Maintenance

✉ jhampton@rmhn.org or credentialing@rmhn.org

☎ (406) 237-5845

Payer Contracting & Network Enrollment

Our team works to support provider contracting, network participation, and payer-related enrollment activities. We help practices navigate contracting requirements, resolve network enrollment issues, and facilitate communication with payers to minimize disruptions and ensure providers have access to the networks they need.

Your Payer Contracting & Network Enrollment Team Can Help With:

- Provider contracting with participating health plans
- Claims escalation and payer issue resolution
- Network enrollment issues
- Out-of-network claims processing
- Changes to network elections (opt-in or opt-out)

- Questions regarding provider participation with health plans

Your Primary Contact

Mollie Brandal

Payer Contracting & Network Enrollment

 mbrandal@rmhn.org

 (406) 238-6073

Government Payers

Government payer programs are constantly evolving. Our team helps practices navigate Medicare, Medicaid, and other government-sponsored programs by providing guidance on enrollment, regulatory changes, billing requirements, and compliance support.

Your Government Payer Team Can Help With:

- Medicare and Medicaid enrollment
- Government payer updates
- Regulatory guidance
- Compliance questions
- Provider participation issues

Your Primary Contact

Lori Northam

Government Payers

 lnortham@rmhn.org

 (406) 237-5613

Value-Based Care

As healthcare continues to transition toward value-based reimbursement, RMHN partners with practices to improve quality performance through education, reporting support, and data-driven insights that help improve patient outcomes while maximizing incentive opportunities.

Your Value-Based Care Team Can Help With:

- Quality measure reporting
- Performance dashboards
- Alternative payment models
- Care coordination initiatives
- Population health strategies
- Quality improvement resources

Your Primary Contact

Amy Gibbons

Value-Based Care

 agibbons@rmhn.org

 (406) 238-6070

Revenue Cycle

RCM is an “added value service” provided to RMHN members and nonmembers to support their revenue cycle needs. A healthy revenue cycle is essential to the success of every practice. Our team works alongside members to optimize reimbursement, reduce claim denials, improve payment accuracy, and strengthen financial performance.

Your Revenue Cycle Team Can Help With:

- Claims assistance

- Denial management
- Payment questions
- Revenue cycle optimization
- Payer issue resolution
- Billing support

Your Primary Contact

Christy O'Connor

Revenue Cycle

✉ coconnor@rmhn.org

☎ (406) 237-5849

We're Here to Support You

At RMHN, we're committed to being a trusted partner to your practice. Whether you need assistance with credentialing, payer contracting, government payers, value-based care, or revenue cycle, our team is here to help.

Thank you for your partnership and for the trust you place in RMHN. We look forward to supporting your practice every step of the way.

Darik Croft

President & CEO

Rocky Mountain Health Network

RMHN MEMBER SPOTLIGHT: SLIIP

I'm Avinesh S Bhar, a board-certified pulmonary and sleep physician. I lead **SLIIP**, a physician-led, MT and WY-licensed virtual sleep practice that manages referrals **start to finish**—video consults, home sleep testing, CPAP or other therapies (including OAT/MAD), and follow-up.

What you can expect

- **Rapid access:** We contact patients **within 24 hours** of referral and can **schedule the same week**.
- **Speed to plan:** From evaluation (including HST) to treatment disposition is typically **under three weeks**. We also manage in-lab testing, if needed.
- **Clear communication:** We share clinical notes and test results as soon as they're available and send **biweekly status updates** on each of your patients.
- **Patient support:** Tech-friendly instructions, evening availability, and **family/caregiver involvement** when helpful.
- **Therapy management:** CPAP initiation, education, compliance monitoring, and prescriptions; **OAT/MAD** prescribing and coordination. CBT-i as well.

To refer a patient, please use our **HIPAA-secure "Referrals"** tab at [SLIIP](#) (top right). Please schedule some time to learn more: <https://calendly.com/avi-bhar-md/15min?month=2026-06>

Thank you.

Avinesh Bhar, MD MBA

Founder, Physician

O: 478.238.3552

F: 478.259.6170

www.sliip.com

PRACTICE RESOURCES

Refreshed Community Provider Website To Launch

VA is updating the look and organization of the VA community provider website in the coming weeks. The

redesign will help you find important information more easily.

When the new site launches, some page addresses will change. We will redirect from the old addresses for a short time, but you'll need to update your bookmarks so you can continue accessing your most-used resources.

The homepage will remain available at the link [HERE](#)

New Allegiance PO Box

This was an Allegiance wide change effective 7/1/2025 for the following purposes:

- Paper claim submissions
- Correspondences
- Medical records

Allegiance Benefit Plan Management Inc.

P.O. Box 21074

Eagan, MN 55121

EDUCATION

Optum 2026 National Documentation and Coding Education Calendar for July

Understanding the Medicare AWW
- July 14th from 9-10am

Documentation and Coding: CKD,
hypertension and acute renal
failure - July 14th from 1-1:30pm

Documentation and Coding:
Cancer - July 15th from 8-8:30am

Documentation and Coding:
Diabetes mellitus - July 15th from
11-11:30am

Documentation and Coding: CKD,
hypertension and acute renal
failure - July 16th from 10-
10:30am

Documentation and Coding: Social
determinants of health - July 16th
from 12-12:30pm

Humana Risk Adjustment 2026 Monthly Learning Series CME and CEU Sessions for July

Pressure Ulcers/Injuries - July 8th
at 10am

Pressure Ulcers/Injuries - July 9th
at 1pm

Rheumatoid Arthritis - July 22nd at
1pm

Rheumatoid Arthritis - July 23rd at
10am

Humana Documentation & Coding Education

CPTII Tracking Performance
Measures - July 9th at 12pm

CPTII Tracking Performance
Measures - Aug. 7th at 1pm

AWV Documentation & Coding -
July 17th at 1pm

AWV Documentation & Coding -
Aug. 10th at 6pm

Transition Care Management
Documentation & Coding - July
20th at 6pm

Advanced Illness & Frailty with
Diagnosis Documentation Best
Practices - July 30th at 12pm

Rocky Mountain Health Network

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406-238-6066

Contact Us by Email

[Find More Information On Our Website](#)

You've received it because you've subscribed to our newsletter.

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